

SIZE GUIDE

Mota has a unique type of fit we call 'Barefoot Fit'. It refers to the fact that our boots allow the toes to rest natural & comfortably as you skate.

Measuring Your Feet

1. Place a piece of paper on a hard floor against the wall
2. Put your foot on the paper with your heel against the wall.
3. Mark your longest toe, keeping the marker straight.
4. Then measure from the edge of paper to the line. (millimeters if possible)
5. Use size guide below

*Because the foot is three-dimensional, measuring devices can only approximate your true size. Please keep in mind all manufacturers use different lasts to construct their boots, and sizing varies accordingly.

Be sure you are standing with knees bent slightly bent, wearing the socks, stockings you will wear with your new boots. No socks if you skate barefoot.

Still unsure about the size? No worries, we offer 30 days to return your product, free of charge. Read more about our return policy [here](#).

Size questions: TEXT 833-758-6682 or email us at info@GoldMedalCompany.com

European	MOTA SIZE	US WOMEN'S	MM-IN.	PLATE SIZE
34.5	3	4	216 - 8 1/2	IN / MM
35	3.5	4.5	220 - 8 11/16	Axle to Axle
35.5	4	5	224 - 8 7/8	5 / 128
36	4.5	5.5	228 - 9	5.25 / 134
37	5	6	232 - 9 1/8	5.5 / 140
38	5.5	6.5	236 - 9 5/16	5.75 / 146
39	6	7	240 - 9 1/2	5.75 / 164
39.5	6.5	7.5	244 - 9 11/16	6 / 152
40	7	8	248 - 9 7/8	6 / 152
40.5	7.5	8.5	252 - 10	6.25 / 158
41	8	9	256 - 10 3/16	6.25 / 158
41.5	8.5	9.5	260 - 10 1/4	6.5 / 165
42	9	10	264 - 10 3/8	6.5 / 165
42.5	9.5	10.5	268 - 10 1/2	6.75 / 172
43	10	11	272 - 11/16	6.75 / 172
43.5	10.5	11.5	276 - 10 7/8	7 / 178
44	11	12	280 - 11	7 / 178
44.5	11.5		284 - 11 3/16	7.5 / 190
45	12		288 - 11 3/8	7.5 / 190
46	13		296 - 11 11/16	7.75 / 197

I purchased new Mota boots, how can I check that they really fit?

Examine these basic checkpoints to ensure a proper fit. Always consider the type of sock (or no sock) you will be wearing during use. This can alter fit and overall comfort. Once you have the shoes on both feet and are standing with knees bent in skater position, check the following points:

- The first area to inspect is the overall length. We recommend your toes slightly touch the end without bending or discomfort, maximum 3MM of space. For best results remove the footbed from your boot. Stand on the footbed, heel all the way back with bent knees. (in front) Toes should be as close the end as possible. Over by 1-1.5 mm is ok, short of the front by up to 3mm is ok.
- Tightness of boots in the ball of the foot and instep area. The upper should fit snug all over, a feeling as though you are being supported.
- Heel fit. The heel in a Mota boot is designed to fit snugly. This should not be confused with a tight uncomfortable fit. It is normal for Mota boots to have room for your toes to move. This is due to the Barefoot Fit. There should be little to no heel slipping when you pull on the heel with your hand. *Important Notice* – your heel will not stay locked in place if you attempt to walk in them. They are intended to be mounted to a quad plate, therefore the soles do not bend like a shoe or that of a leather soled quad boot. The outsoles are rigid, forcing the heel of the boot to stay down while you are forcing your heel up. With a plate on the bottom the heel of the boot remains locked into place on your foot and moves with you.

A perfect fit is impossible to achieve in every scenario. There are infinite number of foot shapes, widths and sizes. In addition, feet tend to swell throughout the day and change over time. A boot bought five years ago might not fit your foot in the same way today.

Refer to [heat molding](#) option to customize your boots.

